

Being and Doing: Program of Activities

The SOC Camping Trip is a chance to slow down and relax. It is as much about *being* – in creation, with each other and with our Creator – as it is about *doing* activities.

These few days provide many opportunities for both *being* and *doing*. Keep this in mind as you read through the program below and plan your participation. Every activity is optional: you are welcome to participate in as many or as few as you would like.

The following are available for the duration of the camping trip:

- Personal Prayer Time in Our Lady of the Way Chapel, at OLOW Shrine or in Creation
- Self-guided Christian Meditation in the Bush (see 'Praying in the Bush' handout)
- Self-guided Bushwalks (see Site Map provided)
- Creation Craft Activities (Creation Craft Area)
- Sport and Lawn Games (Oval + Lawn Area)

Friday, September 30

Arrive from 12 pm to settle in and set up camp. At least one person from your group must attend a 'Site Familiarisation Session' and everyone is encouraged to join in the 'Campfire Gathering Prayer'.

For the remainder of Friday, relax! Enjoy personal prayer in the chapel, a walk or quiet time in the bush, craft activities, a good book, sport or lawn games and time together. Children are also encouraged to collect long sticks for roasting marshmallows and to help prepare the sacred space in the main gathering area.

| | | |
|----------|--------------------------------|-----------------------|
| 12 pm | Campground Access Available | |
| 12.30 pm | Suggested Lunch Time | |
| 2 pm | Site Familiarisation Session 1 | (Main Gathering Area) |
| 3 pm | Suggested Afternoon Tea Time | |
| 4 pm | Site Familiarisation Session 2 | (Main Gathering Area) |
| 5.30 pm | Suggested Dinner Time | |
| 6 pm | Site Familiarisation Session 3 | (Main Gathering Area) |
| 7 pm | Campfire Gathering Prayer | (Campfire) |
| 8 pm | Christian Stargazing | (Campfire) |



Saturday, October 1

Everyone is encouraged to join in 'Morning Prayer' and the 'Prayer + Adoration Evening.'

| | | |
|----------------|---|--------------------------------------|
| Before 8.45 am | Suggested Breakfast Time | |
| 8.45 am | Morning Prayer | <i>(Main Gathering Area)</i> |
| 9 am | Make a Gumnut Rosary (kids + supervising adult) | <i>(Creation Craft Area)</i> |
| 9 am | Talk: Creation + the Creator (adults) | <i>(Main Gathering Area)</i> |
| 10 am | Suggested Morning Tea Time | |
| 10.30 am | Pilgrimage Walk to Marian Shrine | <i>(meet at Main Gathering Area)</i> |
| 11.15 am | Rosary (Joyful Mysteries) | <i>(Our Lady of the Way Shrine)</i> |
| 12 – 1 pm | Reconciliation available | <i>(Chapel)</i> |
| 12.30 pm | Suggested Lunch Time | |
| 1.30 pm | Ecological walk (adults) | <i>(meet at Main Gathering Area)</i> |
| 1.30 pm | Kids walk (kids + supervising adult) | <i>(meet at Main Gathering Area)</i> |
| 3 pm | Suggested Afternoon Tea Time | |
| 3.30 pm | Sport + Games Afternoon | <i>(Oval)</i> |
| 5.30 pm | Suggested Dinner Time | |
| 7 pm | Prayer + Adoration Evening | <i>(Main Gathering Area)</i> |

Sunday, October 2

Everyone is encouraged to join in 'Morning Prayer' and 'Sunday Mass.'

| | | |
|----------------|--|------------------------------|
| Before 8.45 am | Suggested Breakfast Time | |
| 8.45 am | Morning Prayer | <i>(Main Gathering Area)</i> |
| 9 am | Workshop: Caring for Creation (kids + supervising adult) | <i>(Creation Craft Area)</i> |
| 9 am | Talk: Ecological Spirituality (adults) | <i>(Main Gathering Area)</i> |
| 9 – 10.30am | Reconciliation available | <i>(Chapel)</i> |
| 10 am | Suggested Morning Tea Time | |
| 11 am | Sunday Mass | <i>(Main Gathering Area)</i> |
| 12.30 pm | Suggested Lunch Time | |
| 3 pm | All Campers to be Off-site | |

Note that in the event of rain, there may need to be changes to this program.

